

**DEVELOPING
THE
EXPLOSIVE
ATHLETE**

with

KRIS SNYDER

3N
S P O R T S

**6 WEEK
PROGRAM**

(Nov. 1 – Dec. 13)

THURSDAY'S 5-6 pm

**\$55 per Athlete
Boys & Girls
Ages 11-14**

***NO CLASS THANKSGIVING DAY
11/22**